



OMA Section on Primary Care Mental Health Wednesday Evening Educational Series

Standards and Guidelines: What is the Standard of Care in the Practice of Primary Care Medical Psychotherapy?

Speaker: Dr. Michael Paré, B.Sc., M.Sc., M.Ed., M.D.

*General Practice Physician with a focused practice of psychotherapy
Chair of OMA Section on Primary Care Mental Health*

The purpose of this article is to help Primary Care Physicians and/or Physicians providing medical psychotherapy in Canada become better acquainted with expectations concerning the standards of psychotherapy in the practice of our focused area of medicine. This session covers a few centrally important and yet rarely discussed essential elements of successful ethical psychotherapy: such as confidentiality [and its limits], obtaining truly informed consent, keeping good boundaries, etc.

Learning Objectives:

1. The participant will have increased knowledge of the Standards and the Guidelines for Psychotherapy and issues of confidentiality, Record Keeping, Informed Consent, Boundaries, and Diagnosis suicide assessment, etc.
2. What are the common countertransference reactions (positive and negative with patients).
3. Learn the several components of a suicide risk assessment.

Date: Wednesday, February 28th 2018

Location: OMA Offices, 150 Bloor Street West, Suite 900, Toronto, ON

Time: 7:30-9:30 PM

Fee: Two ways of attending:

- 1) **Free: No charge, courtesy of the OMA Section on Primary Care Mental Health**
- 2) **For MainPro + Credits (MainPro + 4) the cost will be \$100.00**

Please RSVP by phone to: 416-229-2399, ext 125 (Ada or Anna) or e-mail to: michaelpare@rogers.com.