



McMaster Muskoka Seminars 2017

The McMaster Muskoka Seminars are designed to provide clinicians (psychiatrists, family doctors, GP-Psychotherapists, mental health professionals) with an outstanding opportunity to combine stimulating symposia with a relaxing summer vacation. This series of seminars is hosted by the Faculty of Health Sciences, Department of Psychiatry and Behavioural Neurosciences, McMaster University, in conjunction with St. Joseph's Healthcare Hamilton and with the assistance and involvement of the OMA Section on Primary Care Mental Health.

The 2017 seminars will be held at the beautiful *Deerhurst Resort* in Huntsville, Ontario. Our seminars run daily from 9:00 am – 12:15 pm daily; Courses are offered July 24-28, 2017 and July 31-August 4, 2017. This year we are offering daily registration and Introducing webcasting through OTN in the evenings from 6:30 – 9:30pm, Monday – Friday for Dr. Michael Paré's course only.

Dates	Courses Available	Faculty
July 24-28 (9:00am-12:15pm)	Week A: "Psychiatry for Family Physicians"	Dr. Jon Davine
July 24-28 (9:00am-12:15pm)	Week B1: "Practical Introduction to General Practice Psychotherapy" **	Dr. Michael Paré
July 24-28 (6:30pm-9:30pm)	Week B2 New ONLINE sessions available through OTN for "Practical Introduction to General Practice Psychotherapy" **	Dr. Michael Paré and potential associates
July 31-Aug.4 (9:00am-12:15pm)	Week C: "Management - Simple & Complex Post Traumatic Stress Disorder: Now with an Additional Focus on Self-Care"	Dr. Harry Zeit and Dr. Amy Alexander

We reserve the right to cancel courses.

** This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the McMaster University Continuing Health Sciences Program for up to 30 MainPro+ ® Credits (6 MainPro + ® Credits for each three hour session)

For Royal College members: attendees may claim their time dedicated to these learning activities under "Section 1: [unaccredited] Conference" and they will receive 0.5 credits per hour of participation.

Approved for 15 hours of Medical Psychotherapy Association Canada (MDPAC) Group CE credits and 2 hour of MDPAC CCI credits (automatically calculated when MDPAC member submits Group CE hours).

Dr. Gary Chaimowitz, MB, ChB, FRCPC
Course Director

Michael Paré, MSc, MEd, MD
Associate Course Director

Program Inquiries
Maria Tel. 905-522-1155, ext. 39019
mboenit@mcmaster.ca



To register and make secure payment online, visit:

<https://www.xcdsystem.com/mcmasterchse/attendee/index.cfm?ID=bj9FMPh>



21st Annual McMaster Muskoka Seminars

July 2017
Deerhurst Resort, Huntsville



Week A: July 24 - 28 Psychiatry for Family Physicians (9:00 am to 12:15 pm)

Overview: This seminar is designed to help family physicians develop the skills necessary to deal with common psychiatric problems. The focus will be on issues applicable to the primary care setting. Two topics per session will be presented, focusing on clinically relevant material and pragmatic approaches to these problems. The sessions will involve problem-based learning, and group participation and interaction will be actively encouraged.

Topics:

- ☐ **Monday:** Approach to Psychotherapy in Primary Care; Strategies for Dealing with the Difficult Patient
- ☐ **Tuesday:** Approach to Depression; Approach to Bipolar Disorder
- ☐ **Wednesday:** Somatizing: What Every Family Doctor Needs to Know; Approach to Psychosis in Primary Care
- ☐ **Thursday:** Approach to Anxiety Disorders in Primary Care I; Approach to Anxiety Disorders in Primary Care II
- ☐ **Friday:** Approach to the Suicidal Patient; Use of the DSM in Filling out Insurance Forms

Learning Objectives:

- Learn effective questioning to evaluate psychosis.
- Be familiar with the complete differential diagnosis of psychotic disorders.
- Learn about current psychopharmacologic treatments of psychotic disorders.
- Learn how to make the diagnosis of bipolar in a time efficient manner
- Learn how to use psychopharmacology to treat Bipolar Disorder, using current guidelines
- Learn about issues of psychopharmacology and pregnancy
- Be aware of the different personality styles
- Be aware of some of the treatment approaches for these patients
- Understand transference and countertransference issues, and how they can enhance work with these patients
- Appreciate the range of diagnoses that make up "Somatic Symptom and Related Disorders (DSM-V)
- Understand the range of conscious and unconscious mechanisms involved in these disorders.
- Be aware of treatment modalities for these disorders both psychopharmacologic and psychotherapeutic

Faculty: Jon Davine, MD, CCFP, FRCPC(C) is an Associate Professor in the Department of Psychiatry and Behavioural Neurosciences at McMaster University, with a cross appointment in the Department of Family Medicine. His outpatient psychiatry practice focuses on liaising with primary care physicians in the "shared care" model. For a number of years, he has taught courses in behavioural sciences to family medicine residents and to family doctors in the community. He has lectured nationally and internationally on this topic. He is a past Chair of the Council of Psychiatric Continuing Education (COPCE), which is affiliated with the Canadian Psychiatric Association. He was made a fellow of the American Psychiatric Association in 2013, and was made a Distinguished Fellow of the Canadian Psychiatric Association in 2014. Currently, he is the Ontario representative for the Standing Committee on Education for the Canadian Psychiatric Association. He also is the current Treasurer and member of the Executive Committee of the Ontario Psychiatric Association. He has received several educational awards



To register and make secure payment online, visit:

<http://psychiatry.mcmaster.ca/news-events/events/event/2017/07/24/default-calendar/21st-annual-mcmaster-muskoka-seminars-2017>



21st Annual McMaster Muskoka Seminars

July 2017
Deerhurst Resort, Huntsville



including: Certificate of Merit Award, Canadian Association for Medical Education (CAME), 2013; Outstanding Preceptor Award, Psychiatry, Faculty of Health Sciences, Undergraduate MD Program, McMaster University, 2012, 2010, 2009; Undergraduate Teaching Award, Department of Psychiatry and Behavioural Neurosciences, McMaster University, 2012, 2009; Association of Academic Psychiatry, Regional Teacher of the Year Award, 2006; McMaster Psychiatric Residents' Association – Jack Cleghorn Excellence in Clinical Teaching Award, 1999; PARO – Clinical Teacher's Travel Award, 1988

Week B1: July 24 - 28 Practical Introduction to General Practice Psychotherapy (9:00 - 12:15 am)

Week B2: July 24 - 28 ONLINE Practical Introduction to General Practice Psychotherapy (6:30-9:30 pm)

Overview: An interactive overview of relevant theories and techniques of General Practice Psychotherapy and a brief overview of Interpersonal Therapy. Essential "Do's" & "Don'ts" of therapy including Record Keeping, Confidentiality, Consent to Treatment, Boundary Issues. Interactive discussion of real and fictional patient-therapist encounters and viewing some Hollywood film clips featuring psychotherapy. This program is based on the earlier course but is changed and updated. Topics: Overview of Standards and Guidelines of General Practice Psychotherapy (Mon); Supportive Psychotherapy: 10 Things to Do, and 10 Things to Avoid (Tue); Boundary Issues in Psychotherapy (Wed); Interpersonal Psychotherapy (Thu); Practical Consideration on Transference and Countertransference in Psychotherapy (Fri)

Day One (Monday): Overview of Standards and Guidelines of General Practice Psychotherapy

Physicians often do Psychotherapy without as much training as they would want since there are so many demands on their time. This session covers a few centrally important and yet rarely discussed essential elements of successful ethical psychotherapy (such as confidentiality – and its limits – obtaining truly informed consent; keeping good boundaries, etc. The participants will have increased knowledge of the Standards and the Guidelines for Psychotherapy and issues of confidentiality, Record Keeping, Informed Consent, Boundaries, Diagnosis, and Suicide Assessment, etc. They will also learn what the common countertransference reactions (positive and negative) with patients are. In addition doctors will learn the several components of a suicide risk assessment.

Learning Objectives:

- The participant will have increased knowledge of the Standards and the Guidelines for Psychotherapy and issues of confidentiality, Record Keeping, Informed Consent, Boundaries, diagnosis of mental illness, a practical suicide assessment, etc.
- What are the common countertransference reactions (both positive and negative) with patients?
- Learn the several components of a suicide risk assessment

Day Two (Tuesday): Supportive Psychotherapy: Ten Things to Do, and Ten Things to Avoid



To register and make secure payment online, visit:

<http://psychiatry.mcmaster.ca/news-events/events/event/2017/07/24/default-calendar/21st-annual-mcmaster-muskoka-seminars-2017>



21st Annual McMaster Muskoka Seminars

July 2017
Deerhurst Resort, Huntsville



Most physicians (even Psychiatrists) don't do "specialized" Psychotherapy (CBT or Psychodynamic, etc.) but rather they do supportive psychotherapy. Thus this program is very practical, and is also an interactive session. The session will be an outline of several of the key positive elements of therapy (such as empathy and support) and several things to avoid (such as excessive reassurance and excessive advice giving). We will cover the important ingredients of a "Therapeutic Contract" in the area of General Practice (Medical) Psychotherapy. The participant will have increased knowledge of the current definition(s) of psychotherapy (from OHIP, and from various other organizations). The Essence of GP-Psychotherapy: Common Factors in Therapy will be discussed in detail.

Learning Objectives:

- List the important ingredients of a "Therapeutic Contract" in the area of General Practice (Medical) Psychotherapy.
- The participant will have increased knowledge of the current definition(s) of psychotherapy (from OHIP, and from various other organizations).
- The Essence of GP-Psychotherapy: Common Factors in Therapy will be discussed in detail.

Day Three (Wednesday): Boundary Issues in Psychotherapy

This program describes the theoretical foundations and will discuss the practical application of boundaries in the clinical process. The foundation of good quality medicine is not only scientific and technical, it is also ethical. Boundaries are essential to an appropriate therapeutic relationship. As professional helpers we need to know boundaries well so we can get as close to a patient without intruding upon, or "using" a patient in any way. The difference between Boundary Crossings and Boundary Violations will be highlighted. What do we mean by a "boundary" in a psychotherapeutic relationship? What is the therapeutic frame?

Learning Objectives:

- The difference between Boundary Crossings and Boundary Violations.
- What do we mean by a "boundary" in a psychotherapeutic relationship?
- What is the therapeutic frame?

Day Four (Thursday): Interpersonal Psychotherapy

Interpersonal Psychotherapy (IPT), is a short-term, manualized (meaning very structured) psychotherapy. IPT was first designed for the treatment of individuals with depressive disorders. IPT is an effective type of therapy, which is very similar to the more common "supportive psychotherapy", that most physicians actually provide. The main difference is that IPT is somewhat more clearly "packaged". Currently, IPT is an officially recommended treatment for depressive disorders. Substantial empirical evidence supporting IPT's efficacy has progressively grown since its early use. The IPT method is briefly described using PowerPoint slides, in this very interactive session we discuss previously viewed IPT clips which will be discussed in detail. Participants will learn the theoretical foundations of Interpersonal Psychotherapy (IPT). They will be able to describe the four foci of treatment in Interpersonal Psychotherapy for Depression (IPT). The speaker will describe the beginning, middle and ending treatment phases of IPT.

Learning Objectives:

- Learn the theoretical foundations of Interpersonal Psychotherapy (IPT).



To register and make secure payment online, visit:

<http://psychiatry.mcmaster.ca/news-events/events/event/2017/07/24/default-calendar/21st-annual-mcmaster-muskoka-seminars-2017>



21st Annual McMaster Muskoka Seminars

July 2017
Deerhurst Resort, Huntsville



- Describe the four foci of treatment in Interpersonal Psychotherapy for Depression (IPT).
- Describe the beginning, middle and ending treatment phases of IPT.

Day Five (Friday): Practical Consideration on Transference and Countertransference in Psychotherapy

This session will highlight my own practical understanding of transference (T) and countertransference (CT). I gained this understanding through extensive training in psychotherapy and through personal and professional experience – both as a patient; as a therapist; and as a psychotherapy supervisor and mentor. Transference (T) and countertransference (CT) are common phenomena seen every day in Family Practice and Psychotherapy. Both T and CT are related to projections that naturally occur for every patient and all therapists. T has to do with certain feelings (or thoughts, or attitudes, etc.) a patient can have towards a therapist. CT has to do with certain feelings (or thoughts, or attitudes, etc.) a therapist can have towards a patient. Both T and CT are neither “good”, nor are they “bad”. They are instead like all feelings: they just are yet what we do with these feeling could be bad. So it is best to recognize and understand these CT feelings better. To make this session more accessible, and very relevant, the speaker and attendees will discuss previously viewed clips of psychotherapy and we will analyze it for both T and CT. The speaker will discuss several Family Practice clinical situations so that the session is more experiential and practical (as well as theoretical).

Faculty: Michael Paré, B.Sc., M.Sc., M.Ed., M.D., General Physician Practicing Psychotherapy and Registered Psychotherapist with the College of Registered Psychotherapists of Ontario. Michael is Chair of the OMA Section on Primary Care Mental Health and President of the North York General Medical Society. He is coordinator the Medical Clinic for Person Centred Psychotherapy. He is a Teaching Mentor of both the General Practice Psychotherapy Association (now MDPAC) and the Collaborative Mental Health Care Network of the Ontario College of Family Physicians. Dr. Paré is a recognized expert witness in the field of mental health and, more specifically, primary care mental health and psychotherapy within the field of medicine. He has completed The Osgoode Hall Law School Certificates in “Professional Regulation & Discipline in the Ontario Health Care Sector” and “Mental Health Care Law”. Dr. Paré can be reached at michaelpare@rogers.com or at (416) 229-2399 x ext. 120 or (416) 723-1716.

Week C: July 31 – August 4 Management - Simple & Complex Post Traumatic Stress Disorder: Now with an Additional Focus on Self-Care (9:00 am to 12:15 pm)

Overview: Do you have a challenging patient population? Do you have patients whose very name makes your heart sink when you see it on your list for the day? Do visits with these people deplete your energy? Do you ever wonder how you can help these patients heal while still keeping yourself sane and whole? If so, this practical program is for you!

The past twenty years have seen a dramatic increase in our knowledge of the profound and far-ranging effects of childhood adversity and trauma. This program will give a practical overview of current neuroscience concerning trauma and its relationship to stress physiology, chronic pain, unexplained medical symptoms, physician burnout, epigenetics and the growing field of psycho-neuro-immuno-endocrinology.



To register and make secure payment online, visit:

<http://psychiatry.mcmaster.ca/news-events/events/event/2017/07/24/default-calendar/21st-annual-mcmaster-muskoka-seminars-2017>



21st Annual McMaster Muskoka Seminars

July 2017
Deerhurst Resort, Huntsville



As physicians, we are called upon to address not just the demanding physical and psychospiritual wounds of returning military veterans, but also to better care for the large number of patients with complex traumatic stress, whose clinical complaints and suffering confront us daily in our offices and wards. Combining cutting edge theory, videos and practical exercises, this program will offer a comprehensive overview of both simple and complex trauma and its related disorders. It will also offer hands-on clinical techniques and tools to help you work with these challenging patient scenarios.

Treating patients with traumatic histories is psychologically, emotionally and physically challenging. This program will also include detailed and practical instruction on how to work with patients without becoming depleted yourself. You will leave this program with a variety of techniques for self-care that can be practiced at any time (including during a busy day seeing patients). Instruction will include optional exercises, such as therapeutic role-play, gentle yoga, acupressure, simple meditation techniques and an introduction to several evidence-based practice tools.

Topics:

- **Monday:** PTSD Part I
- **Tuesday:** PTSD Part II
- **Wednesday:** Attachment, Addiction and Violence
- **Thursday:** Stress, Burnout, Secondary Trauma and Moral Distress: Self-Care for Challenging Times
- **Friday:** Trauma-Informed Care Model, Trauma Therapy and Managing “Medically Unexplained Illness”

Learning Objectives:

- Draw attention to the prevalence and public health burden of psychological trauma;
- To review the neurophysiologic sequelae of childhood adversity and other forms of psychological trauma.
- Develop an understanding of how these sequelae are key underpinnings of chronic illness (explained and unexplained), chronic pain and mental illness;
- Identify the similarities and differences between Simple and Complex PTSDs;
- Analyze and describe missing intra/interpersonal resources in patients with a history of simple and/or complex PTSD;
- Gain an understanding of treatment planning aimed at re-instating these resources;
- Cultivate a framework for Trauma-Informed Care and for understanding and cultivating compassion for survivors of psychological trauma while simultaneously generating self-understanding and self-compassion; and,
- Acquire an ability to assess the potential and limits of integration, post-traumatic growth and resilience as desired end points of trauma therapies

Faculty: **Harry Zeit, M.D., CGPP** is a physician psychotherapist at the Medical Clinic for Person Centred Psychotherapy and Chair of Education Committee of the OMA Section on Primary Care Mental Health. Dr. Zeit graduated from the University of Toronto Medical School in 1982. He practiced until 2005 as an American Board



To register and make secure payment online, visit:

<http://psychiatry.mcmaster.ca/news-events/events/event/2017/07/24/default-calendar/21st-annual-mcmaster-muskoka-seminars-2017>



21st Annual McMaster Muskoka Seminars

July 2017
Deerhurst Resort, Huntsville



certified emergency physician, and was active in the Canadian Association of Emergency Physicians. He now has a private practice in general psychotherapy, with a special interest in trauma, somatic psychology and newer integrated psychotherapies, such as the internal family systems model. He is a graduate of the Sensorimotor Psychotherapy Institute's training level one (affect dysregulation, survival defenses and traumatic memory) and level two (emotional processing, meaning making and attachment repair); he then completed the certification level in April 2013.

As an education chair, he plays an active role in arranging a wide range of talks for family physicians, GP psychotherapists and psychiatrists, while also building bridges between MD and non MD mental health care workers. Harry created and continues to run the Caring for Self while Caring for Others series, which runs between October and April annually. He blogs on behalf of the section at: <http://wildpsychotherapyfrontier.blogspot.ca>

Faculty: Amy Alexander M.D., M.H.Sc., CCFP, Dip CAPM is a Family Physician with focused practices in both Psychotherapy and Pain Medicine. She has a special interest in the integrative treatment of patients with both complex physical and mental health problems. She has a private practice working with individuals and groups in Aurora, ON and she is also an Active Staff member of the Departments of Family Medicine and Psychiatry at the Southlake Stronach Regional Cancer Centre in Newmarket, ON. Prior to a career in medicine, Dr. Alexander was a Loran Scholar and went on to receive her M.H.Sc. in Health Promotion from the Dalla Lana School of Public Health at the University of Toronto. She worked within the HIV/ AIDS palliative care and supportive housing communities in that city until 2003. She graduated from the Michael G. DeGroot School of Medicine at McMaster University in 2006 and went on to work as a Medical Officer in the Canadian Armed Forces where she focused on the rehabilitation and occupational medical needs of soldiers with trauma and other, complex physical and mental illnesses. In 2013, she developed Canada's first Mindfulness and Resiliency Skills program for active military members which continues to this day.

Dr. Alexander has trained in CBT, IPT and Brainspotting and is a graduate of the Massachusetts General Hospital's Benson-Henry Institute for Mind-Body Medicine with advanced training in Mind-Body Medicine for both Chronic Pain and Cancer. She is a Certified Yoga Teacher with training in a wide variety of evidence-based therapeutic yoga techniques such as LifeForce Yoga and iRest. She is also a graduate of Harvard University's International Structural Acupuncture course for Physicians.



To register and make secure payment online, visit:

<http://psychiatry.mcmaster.ca/news-events/events/event/2017/07/24/default-calendar/21st-annual-mcmaster-muskoka-seminars-2017>



21st Annual McMaster Muskoka Seminars

July 2017
Deerhurst Resort, Huntsville



Accommodations



Huntsville, Ontario

For reservations call:
1-800-461-4393 and quote
McMaster Muskoka Seminars



Sunday check-in and Friday check-out. Spouse and children under 18 stay free with registrant. Applicable taxes and resort amenity fee in addition to all rates. Reservation is subject to cancellation policy and deposit is required.

*Please be sure to make accommodation arrangements ASAP as rooms fill quickly. Deerhurst has a special conference rate to offer our registrants. To receive this rate, please be sure to book your room by **June 30, 2017**. A room rate plus taxes and resort amenity fee of:*

Main Building Guestroom \$209.00 per night

Deerhurst resort offers use of the following amenities: splash zone, three outdoor pools, golf practice on the greens, canoes, kayaks, beach access and chaise lounges, hiking trails, tennis courts, basketball hoop, volleyball court, parking, fitness room, guestroom high-speed wireless internet, and indoor pool.

For the full guestroom description of what is offered at Deerhurst, please visit the website at:

<http://www.deerhurstresort.com/huntsville-ontario-accommodations.htm>

WHAT'S NEW AT DEERHURST THIS SUMMER

Have you heard about all the exciting changes at Deerhurst Resort this summer? With over \$1.2 million spent this winter and spring on improving the way our guests experience Deerhurst and Muskoka. You will see and experience a fresh new feel to many areas of the resort.

Seriously, what's more 'Muskoka' than a giant swim dock from which to jump into the water? That's just one of the new features guests can expect at Deerhurst this summer.

Check-out all the projects we have on the go - and get ready for one of the BEST summers yet right here at Deerhurst!

[What's New 2017](#)



To register and make secure payment online, visit:

<http://psychiatry.mcmaster.ca/news-events/events/event/2017/07/24/default-calendar/21st-annual-mcmaster-muskoka-seminars-2017>



21st Annual McMaster Muskoka Seminars

July 2017
Deerhurst Resort, Huntsville



Registration

Full Week: \$795.00 per course

Full Week- Returning participant: \$745.00

New Daily seminar: \$200.00

Seminars Available:

Psychiatry for Family Physicians

Dr. Jon Davine

Week A: July 24-28
(9:00am-12:15pm)

- FULL Week**
- Monday:** Approach to Psychotherapy in Primary Care; Strategies for Dealing with the Difficult Patient
- Tuesday:** Approach to Depression; Approach to Bipolar Disorder
- Wednesday:** Somatizing: What Every Family Doctor Needs to Know; Approach to Psychosis in Primary Care
- Thursday:** Approach to Anxiety Disorders in Primary Care I; Approach to Anxiety Disorders in Primary Care II
- Friday:** Approach to the Suicidal Patient; Use of the DSM in Filling out Insurance Forms

Two Formats available; Live/In person sessions and Online sessions for the following:

Live/In person seminars

Full Week: \$795.00 per course

Full Week- Returning participant: \$745.00

Daily seminar: \$200.00

New

Online Seminars:

New Online Daily session: \$150.00

New Online Full week (5 daily sessions): \$625.00

Week B1: July 24-28
(9:00am-12:15pm)

Live/In Person Course

Practical Introduction to General Practice Psychotherapy**

Dr. Michael Paré

- FULL Week**
- Monday:** "Standards and Guidelines of General Practice** Psychotherapy"
- Tuesday:** "Supportive Psychotherapy" **
- Wednesday:** "Boundary Issues in Psychotherapy" **
- Thursday:** "Interpersonal Psychotherapy" **
- Friday:** "Practical Consideration on Transference and Countertransference in Psychotherapy" **

ONLINE SEMINARS:

Week B2: July 24-28
(6:30pm-9:30pm)

Online course

New

- Online Day 1:** "Standards and Guidelines of General Practice** Psychotherapy"
- Online Day 2:** "Supportive Psychotherapy" **
- Online Day 3:** "Boundary Issues in Psychotherapy" **
- Online Day 4:** "Interpersonal Psychotherapy" **
- Online Day 5:** "Practical Consideration on Transference and Countertransference in Psychotherapy" **
- FULL Week Online:** All five sessions**

Dr. Michael Paré
and potential
associates



To register and make secure payment online, visit:

<http://psychiatry.mcmaster.ca/news-events/events/event/2017/07/24/default-calendar/21st-annual-mcmaster-muskoka-seminars-2017>



21st Annual McMaster Muskoka Seminars

July 2017
Deerhurst Resort, Huntsville



Full Week: \$795.00 per course

New Daily seminar: \$200.00

Full Week- Returning participant: \$745.00

Management - Simple & Complex Post Traumatic Stress Disorder: Now with an Additional Focus on Self-Care

Dr. Harry Zeit and
Dr. Amy Alexander

Week C: July 31-Aug.4 2017
(9:00am-12:15pm)

- FULL Week**
- Monday:** PTSD Part I
- Tuesday:** PTSD Part II
- Wednesday:** Attachment, Addiction and Violence
- Thursday:** Stress, Burnout, Secondary Trauma and Moral Distress: Self-Care for Challenging Times
- Friday:** Trauma-Informed Care Model, Trauma Therapy and Managing "Medically Unexplained Illness"

REGISTRATION

Please complete the online registration form and submit secure payment via:

<http://psychiatry.mcmaster.ca/news-events/events/event/2017/07/24/default-calendar/21st-annual-mcmaster-muskoka-seminars-2017>

Program Contact:

Maria Benoit
mbeoit@mcmaster.ca
905-522-1155, ext. 39019
McMaster Muskoka Seminars
Room B372, Department of Psychiatry
McMaster University
St. Joseph's Healthcare, Hamilton
100 West 5th Street, PO Box 65
Hamilton, Ontario L8N 3K7

*We reserve the right to cancel courses.**

**** This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the McMaster University Continuing Health Sciences Program for up to 30 MainPro+® Credits (6 MainPro +® Credits for each three hour session)**

For Royal College members: attendees may claim their time dedicated to these learning activities under "Section 1: [unaccredited] Conference" and they will receive 0.5 credits per hour of participation.

Approved for 15 hours of Medical Psychotherapy Association Canada (MDPAC) Group CE credits and 2 hour of MDPAC CCI credits (automatically calculated when MDPAC member submits Group CE hours).



To register and make secure payment online, visit:

<http://psychiatry.mcmaster.ca/news-events/events/event/2017/07/24/default-calendar/21st-annual-mcmaster-muskoka-seminars-2017>