



HEALTH SCIENCES
Psychiatry & Behavioural
Neurosciences



Save the Date: 22nd Annual McMaster Muskoka Seminars | 2018

The McMaster Muskoka Seminars are designed to provide clinicians (psychiatrists, family doctors, other GP psychotherapists, mental health professionals, etc.) with an outstanding opportunity to combine stimulating symposia with a relaxing summer vacation. This series of seminars is hosted by the Faculty of Health Sciences, Department of Psychiatry and Behavioural Neurosciences, McMaster University, in conjunction with St. Joseph's Healthcare Hamilton, and with the assistance and involvement of the OMA Section on General Practice Psychotherapy.

This year's seminars will be held at two different beautiful resort settings:

Deerhurst Resort in Huntsville, Ontario
and
Blue Mountain Resort in Blue Mountains, Ontario



DEERHURST



- Our five-day seminars will run from: 9:00am - 12:15pm daily.
- Courses are offered July 9-13, July 23-July 27, July 30-August 3 and August 13-17, 2018
- This year we are offering daily registration and introducing webcasting through OTN in the evenings from 6:30 – 9:30pm, Monday – Friday for Dr. Michael Paré's course only.

Dates/Times	Course Available	Faculty	Location
July 9-13 9:00am-12:15pm	Week A1: Managing Anxiety Disorders Using Cognitive Behavioural Therapy and Mindfulness-Based Strategies	Dr. Randi McCabe, Dr. Karen Rowa & Dr. Peter Bieling	Blue Mountain
July 9 & 10 9:00am-12:15pm	Week A2: Endocrinology: Diabetes and Thyroid Disorders	Dr. William Harper	Blue Mountain
July 9-13 9:00am-12:15pm	Week A3: The Management of Simple and Complex Post Traumatic Stress*	Dr. Harry Zeit Dr. Amy Alexander	Blue Mountain
July 23-July 27 9:00am-12:15pm	Week B: Psychiatry for Family Physicians*	Dr. Jon Davine	Deerhurst
July 30-August 3 9:00am-12:15pm	Week C: Mindfulness Practices for Symptom Management and Enhancing Personal Resilience	Dr. Susan Abbey	Deerhurst
August 13-17 9:00am-12:15pm	Week D1: Practical Introduction to General Practice Psychotherapy	Dr. Michael Paré	Deerhurst
August 13-17 6:30pm-9:30pm	Week D2: Distance Education Option Sessions Available for Practical Introduction to General Practice Psychotherapy	Dr. Michael Paré	Online

We reserve the right to cancel courses

***This group learning program has been certified by the College of Family Physicians of Canada for up to 30 Mainpro+ credits.**

Interested in Registering? For additional information and inquiries, please contact Laura Kennedy at MMS2018@mcmaster.ca



HEALTH SCIENCES
Psychiatry & Behavioural
Neurosciences

